

Announcements

In Our Prayers: Nora Bangert, Jim Beys, Tom Dubis, Seraphima Henderson, Agne Karagianis, Jean Kotakis, Michael Labis, George and Janice Paradissis, Elaine Scott, John Surgant, Sr., Elizabeth Despina Tsaoussis, Chris & Despina Zeris.

Coffee Hour today is sponsored by the family of Michael and Kaliope Lontos.

Help Needed: On March 20th, a young man from Greece is coming to Children's Hospital for surgery. If you would like to help with hospitality or transportation, please call the Church office at (314) 966-2255.

Graduations: If a member of your family is graduating this year from middle school, high school, college, or a graduate school, please call the church office at 314-966-2255 so that we may compile a list of the names. We would like to acknowledge their hard work.

Vacation Church School: Registration forms are now available online at www.assumptiongoc.org for this summer's fabulous VCS week. Pre-K through 5th grade will be learning about the *Armour of God*, and Middle School students have their own program entitled, *Faith Craft*. July 11-15th, 8:30 - 12:45 each day. For more information contact Anna Sadaka at 314-456-3392 or aktenkku@netzero.com.



March 27 - Our Holy Father John the Seer

He was a carpenter until the age of twenty-five, when, urged on by an unquenchable desire for constant prayer, he took himself off into the desert, where he lived until his death, that is, until the age of ninety. He lived in the body as one without a body. He could look into the heart of every person who came near him and could discover his name, and his thoughts and desires. He foretold the outcome of the Emperor Theodosius's battles to him; prophesied to nobles, to monks, to anyone at all who was in need, to uncover what was hidden from them in the darkness of future days. A certain prince asked him to receive his wife, who wished to see him. The holy man was not willing to satisfy empty curiosity, so he appeared in a dream to the prince's wife, and she saw him just as he was. And when the woman described her dream to her husband, he affirmed that such was the appearance of the holy man. He taught every visitor about humility, which is the basic virtue, and always drew his examples from life. He taught how pride makes war against a man of exalted character and brings him to dust and to terrible sins. He endured great assaults from evil spirits. Once Satan appeared to him with a great crowd of demons in the form of shining angels. They pressed him to bow down before Satan, lying to him and telling him that it was Christ. But he answered with great wisdom: 'Every day I bow down to Jesus Christ my King; if it were He, it would not be necessary for me to bow down to Him at this particular moment.' After these words, the evil forces disappeared like smoke. He died peacefully, kneeling in prayer, at the age of ninety.

The Prologue from Ochrid: Lives of the Saints and Homilies for Every Day in the Year, vol. 1 by Bishop Nikolai Velimirovic. Translated by Mother Maria. Lazarica Press, Birmingham, 1985.

Sunday Bulletin March 27, 2016



Assumption Greek Orthodox Church

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www.assumptiongoc.org

Fr. Joseph Strzelecki

Fr. Anastasios Theodoropoulos

Hymn of the Church

In giving birth, you did retain your virginity;
and in dormition, you did not forsake the world,
O Theotokos. You were
translated unto life, being the Mother of Life;
and thus by virtue of your intercessions
you did redeem our souls from death.

Απολυτίκιον Τῆς Ἐκκλησίας

Ἐν τῇ Γεννήσει τὴν παρθενίαν ἐφύλαξας, ἐν
τῇ
Κοιμήσει τὸν κόσμον οὐ κατέλιπες Θεοτόκε.
Μετέστης πρὸς τὴν ζωὴν, μήτηρ
ὑπάρχουσα τῆς ζωῆς, καὶ ταῖς πρεσβείαις
ταῖς σαῖς λυτρομένη,

Welcome to all our visitors.

Welcome to the Assumption Greek Orthodox Church. We are honored that you have chosen to worship with us today. It is our hope that your visit here will bring you many blessings from God and that you will visit with us again soon.
Please join us for coffee hour in the Church Hall.

Sunday of St. Gregory Palamas

Resurrectional Apolytikion in the Second Tone

Ὅτε κατῆλθες πρὸς τὸν θάνατον, ἡ Ζωὴ ἢ ἀθάνατος, τότε τὸν ἄδην ἐνέκρωσας τῇ ἀστραπῇ τῆς Θεότητος, ὅτε δὲ καὶ τοὺς τεθνεώτας ἐκ τῶν καταχθονίων ἀνέστησας, πᾶσαι αἱ Δυνάμεις τῶν ἐπουρανίων ἐκραύγαζον· Ζωοδότα Χριστέ ὁ Θεὸς ἡμῶν δόξα σοι.

Epistle Reading: St. Paul's Letter to the St. Paul's Letter to the Hebrews 1:10-14; 2:1-3

Gospel Reading: Mark 2:1-12

At that time, Jesus entered Capernaum and it was reported that he was at home. And many were gathered together, so that there was no longer room for them, not even about the door; and he was preaching the word to them. And they came, bringing to him a paralytic carried by four men. And when they could not get near him because of the crowd, they removed the roof above him; and when they had made an opening, they let down the pallet on which the paralytic lay. And when Jesus saw their faith, he said to the paralytic, "My son, your sins are forgiven." Now some of the scribes were sitting there, questioning in their hearts, "Why does this man speak thus? It is a blasphemy! Who can forgive sins but God alone?" And immediately Jesus, perceiving in his spirit that they thus questioned within themselves, said to them, "Why do you question thus in your hearts? Which is easier, to say to the paralytic, 'Your sins are forgiven,' or to say, 'Rise, take up your pallet and walk? But that you may know that the Son of man has authority on earth to forgive sins'-he said to the paralytic-"I say to you, rise, take up your pallet and go home." And he rose, and immediately took up the pallet and went out before them all; so that they were all amazed and glorified God, saying, "We never saw anything like this!"

Memorials & Trisagia

March 27

1-year Memorial for Kaliope Lontos, mother of Harriet Lontos and Mary (Gary) Charipar

4-year Memorial for Michael Lontos, father of Harriet Lontos and Mary (Gary) Charipar

April 3

1-year Memorial for Jordan Gabriel Sadaka, son of Farid and Anna Sadaka

1-year Memorial for Paraskeve (Voula) Stratos, mother of Harry (Robin) Stratos and Fotina (William) Shisko

11-year Memorial for John Stratos, father of Harry (Robin) Stratos and Fotina (William) Shisko

14-year Trisagion for George Kapros, husband of Katherine Kapros, father of John Kapros, Stacey Grzeskowiak, Demetra Johnson, and Despina Roedersheimer

23-year Memorial for Konstandinos Karagiannis, father of Vasiliki Stratos, Tom, Harry, Spiro & Larry Karagiannis, and Maria Arvanitakis

24-year Memorial for Efthimia Karagiannis, mother of Vasiliki Stratos, Tom, Harry, Spiro & Larry Karagiannis, and Maria Arvanitakis

April 17

40-day Memorial for George Kalfas, Brother of Jane (Dennis) Moriarty and Peter Kalfas

5-year Memorial for Maria (Mary) Zervos, sister of Jane (Dennis) Moriarty and Peter Kalfas

17-year Memorial for Nicholas Kalfas, father of Jane (Dennis) Moriarty and Peter Kalfas

39-year Memorial for Katina Kalfas, mother of Jane (Dennis) Moriarty and Peter Kalfas

1-year Memorial for Helen Papavramides, mother of Bessie (Taki) Theodorou, Frank (Lynn) Papavramides, Agnes Willis, and Jinny Murray

4-year Memorial for Stergios Papavramides, father of Bessie (Taki) Theodorou, Frank (Lynn) Papavramides, Agnes Willis, and Jinny Murray

4-year Memorial for Nicholas Georgen, husband of Katherine Georgen, father of Elaine (Rodney) Been, Dennis (Vickie) Georgen, and Andrew (Therese Marie) Georgen

Calendar of Events

Sunday, Mar 27:	St. Gregory Palamas (wine & oil) 8:30 am Orthros 9:45 am Divine Liturgy, Sunday School 5:00 pm Lenten Vespers at St. Michael's Church
Monday, Mar 28:	St. Hilarion the New; St. Herodion of the 70 (Strict Fast)
Tuesday, Mar 29:	St. Mark, Bishop of Arethusa; St. Cyril the Deacon (Strict Fast) 8:30 am Orthros 5:45 pm Greek School 6:30 pm Great Compline 7:30 pm Presentation by Bishop Neofitos of Kenya with reception
Wednesday, Mar 30:	St. John Climacus (Strict Fast) 8:30 am Orthros 2:00 pm Kafenio 5:30 pm 9th Hour 6:00 pm Presanctified Liturgy & Lenten Potluck *
Thursday, Mar 31:	Wonderworker Hypatios; St. Innocent, Enlightener of Siberia (Strict Fast) 8:30 am Orthros 10:00 am Women's Morning Book Study 6:30 pm Great Vespers 7:00 pm Women's Evening Book Study
Friday, Apr 1:	St. Mary of Egypt; Sts Gerontios & Vasilides (Strict Fast) 9:00 am 9th Hour 10:00 am Presanctified Liturgy 11:00 am - 2:00 pm Friday Luncheon 7:00 pm 3rd Salutations to the Theotokos & Coffee Hour
Saturday, Apr 2:	Wonderworker Titus; St. Theodora of Palestine (wine & oil) 5:00 pm Great Vespers 6:00 pm GOYA
Sunday, Apr 3:	Veneration of the Holy Cross (wine & oil) 8:30 am Orthros 9:45 am Divine Liturgy, Sunday School & Procession 12:00 pm Greek Independence Day Luncheon 5:00 pm Lenten Vespers at St. Thomas Romanian Church

* If you are receiving communion at evening Liturgies, please do not eat or drink anything after 12:00 noon. Also, you should eat or drink only strict fasting foods in the morning before beginning your fast.